



QUAKERBRIDGE
RADIOLOGY
We're Proud of Our Image

QUAKERBRIDGE RADIOLOGY ASSOCIATES

BONE DENSITOMETRY PATIENT HISTORY

NAME: _____ DATE: _____ DOB: _____

AGE: _____ SEX: FEMALE / MALE WEIGHT: _____ HEIGHT: _____

REFERRING DOCTOR: _____

PLEASE CIRCLE THE APPROPRIATE RESPONSE AND PROVIDE DETAILS WHEN NEEDED

WOMEN ONLY: IS THERE ANY CHANCE YOU MAY BE PREGNANT? YES NO
 DO YOU STILL GET YOUR PERIOD? YES NO
 IF NO, AGE AT LAST MENSTRUAL PERIOD _____

ALL REMAINING QUESTIONS ARE FOR BOTH MEN AND WOMEN:

Have you had a barium study (Barium enema, Upper GI, Small Bowel Follow Through, or Barium Swallow), Abdominal CAT Scan, or Nuclear Medicine Exam in the past seven days? YES NO

Have you had a previous Bone Density Exam? YES NO

If YES, last exam was done: When: _____ Where: _____

If YES, list medications your doctor has prescribed for the treatment of osteoporosis/osteopenia:

_____ : _____ : _____ :

Have you had hip replacement surgery? YES NO

Have you had low back surgery? YES NO

Do you have known curvature of the spine (scoliosis)? YES NO

PLACE AN X FOR APPLICABLE MEDICAL HISTORY

Indications for first time (VFA)

Vertebral Fracture Assessment

- Age (Women over 65 and men over 70)
- Known height loss of 1.5" (4 cm)
- History of vertebral fracture with no documentation
- Nonvertebral fracture after age 45
- BMD evidence of osteoporosis at hip or spine
- Corticosteroid use

Indications for follow-up (VFA)

Vertebral Fracture Assessment

- Previous vertebral fractures
- Known Osteoporosis
- Documented height loss of at least 2 cm (3/4")

- Low body weight (less than 127 lbs)
- Estrogen deficiency at an early age, including menopause (under 45), removal of both ovaries
- Vertebral fracture or osteopenia on x-ray
- Personal history of stress fracture or pathologic fracture
- Receiving or expected to receive steroid therapy for more than three months
- Current smoking
- Poor health/frailty
- Recent falls
- Low calcium intake
- Impaired vision
- Other medical problems (e.g. Hyperthyroid, Hyperparathyroidism, Cushing's Disease, MS, Rheumatoid Arthritis)